



**NM PÅ SKI 2005**  
**LANGRENN**  
**3x10km STAFETT MENN**  
**OFFISIELLE RESULTATER**



**LILLEHAMMER (NOR)**  
**BIRKEBEINEREN SKISTADION**

**30. JANUAR 2005**

**STARTTID 12.30.00**  
**SLUTTID 14.10.09**

JURY		LØYPEFAKTA	
Teknisk delegert:	Fridtjof Rannem	Høydeforskjell (HD):	68 m (A), 69 m (B)
Rennleder:	Per Morten Lund	Maksimal klatring (MM):	46 m (A), 51 m (B)
Assisterende TD:	Terje Sund	Total klatring (MT):	2x199 m (A) + 2 x 2x160 m (B)
Assisterende rennleder:	Trond Hårberg	Rundelengde:	5 000 m
Løypesjef:	Olav Talle	Antall runder:	6

Pl	Nr	FIS-Nr	Lag/Navn	Etappe		Veksling		Totalt	
				Tid	PL	Tid	PL	Tid	Diff
<b>1</b>	<b>1</b>		<b>Lillehammer Skiklub 1</b>					<b>1:12:01.0</b>	0.0
	1.1	1230639	SKJÆRLI Brynjar	25:26.7	2	25:26.7	2		
	1.2	1306493	BJERKE Espen Harald	23:10.8	3	48:37.5	2		
	1.3	1263231	HOFSTAD Tore Ruud	23:23.5	2	1:12:01.0	1		
<b>2</b>	<b>3</b>		<b>Ringkollen Skiklubb</b>					<b>1:13:01.7</b>	+1:00.7
	3.1		PEDERSEN Roy	26:54.2	16	26:54.2	16		
	3.2	1356933	HØGNES Lars	23:30.5	8	50:24.7	10		
	3.3	1306202	ANDRESEN Frode	22:37.0	1	1:13:01.7	2		
<b>3</b>	<b>29</b>		<b>Fossum IL 1. lag</b>					<b>1:13:02.0</b>	+1:01.0
	29.1	3420199	ØSTENSEN Simen	26:07.3	7	26:07.3	7		
	29.2		ECKHOFF Stian	23:28.0	7	49:35.3	3		
	29.3	1148868	BJONVIKEN Tore	23:26.7	4	1:13:02.0	3		
<b>4</b>	<b>5</b>		<b>Strindheim IL 1. lag</b>					<b>1:13:31.1</b>	+1:30.1
	5.1	3420011	KVEEN Stig Rune	26:31.6	9	26:31.6	9		
	5.2	3420405	SVENDSEN Emil Høgle	23:15.7	4	49:47.3	5		
	5.3	3420003	ELDEN Trond Einar	23:43.8	6	1:13:31.1	4		
<b>5</b>	<b>2</b>		<b>Byåsen IL 1. lag</b>					<b>1:13:31.5</b>	+1:30.5
	2.1	1263425	TRONDSEN Krister	25:27.8	3	25:27.8	3		
	2.2	3420089	PETTERSEN Øystein	24:18.9	18	49:46.7	4		
	2.3	1092511	HETLAND Tor Arne	23:44.8	7	1:13:31.5	5		
<b>6</b>	<b>8</b>		<b>Hamar Skiklubb</b>					<b>1:13:46.8</b>	+1:45.8
	8.1	3420005	GAUSTAD John Anders	25:52.3	5	25:52.3	5		
	8.2		OLSEN Tommy	24:29.5	24	50:21.8	9		
	8.3	1262455	ANDRESEN Jan Egil	23:25.0	3	1:13:46.8	6		
<b>7</b>	<b>4</b>		<b>Tromsdalen UIL</b>					<b>1:14:22.1</b>	+2:21.1
	4.1	1244510	BJØRNSTAD Ketil	26:57.4	19	26:57.4	19		
	4.2	1368573	MORTENSEN Arne	23:56.2	15	50:53.6	14		
	4.3	1245480	SOLBAKKEN Håvard	23:28.5	5	1:14:22.1	7		
<b>8</b>	<b>12</b>		<b>Kjelsås IL 1. lag</b>					<b>1:15:04.3</b>	+3:03.3
	12.1	1279236	BØRSHEIM Sjur	26:55.7	17	26:55.7	17		
	12.2	3420084	POST Arne	23:53.9	14	50:49.6	13		
	12.3		PEDERSEN Frode	24:14.7	8	1:15:04.3	8		
<b>9</b>	<b>11</b>		<b>Byåsen IL 2. lag</b>					<b>1:15:22.1</b>	+3:21.1
	11.1	3420001	BREDESEN Pål	26:57.0	18	26:57.0	18		
	11.2	1255277	MØLLER Martin	23:51.4	11	50:48.4	12		
	11.3	1230542	SKÅREN Arve	24:33.7	12	1:15:22.1	9		



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				Tid	PL	Tid	PL	Tid	Diff
<b>10</b>	25		<b>Strindheim IL 2. lag</b>					<b>1:15:24.8</b>	+3:23.8
	25.1	1262746	HASSELVOLD Lars	26:33.8	10	26:33.8	10		
	25.2	3420230	BAKKEJORD Erik Øvsthus	24:13.4	17	50:47.2	11		
	25.3	3420217	WELTZIEN Audun Hultgreen	24:37.6	13	1:15:24.8	10		
<b>11</b>	6		<b>Sogndal IL</b>					<b>1:15:35.1</b>	+3:34.1
	6.1	1357806	NES Bjørne	26:28.2	8	26:28.2	8		
	6.2	3420104	TISTEL Joar	24:26.5	21	50:54.7	15		
	6.3	3420083	SANDBAKK Øyvind	24:40.4	14	1:15:35.1	11		
<b>12</b>	52		<b>Bækkelaget Sp.kl.</b>					<b>1:15:49.5</b>	+3:48.5
	52.1		JACOBSEN Joachim	27:26.6	25	27:26.6	25		
	52.2	1092414	ANDERSEN Remi Kjell	22:41.4	2	50:08.0	7		
	52.3	3420318	ANDERSEN Ruben	25:41.5	25	1:15:49.5	12		
<b>13</b>	7		<b>Lierne Ski</b>					<b>1:16:06.7</b>	+4:05.7
	7.1	1306881	ESTIL Jens Petter	27:30.5	27	27:30.5	27		
	7.2	1150517	ESTIL Frode	22:37.2	1	50:07.7	6		
	7.3	1306784	EMANUELSEN Espen	25:59.0	28	1:16:06.7	13		
<b>14</b>	9		<b>Fjellhug/vereide-Hyen SK</b>					<b>1:16:33.5</b>	+4:32.5
	9.1	1059822	HJELMESET Odd-Bjørn	25:04.8	1	25:04.8	1		
	9.2	1356545	DJUPVIK Roger Aa	23:32.4	9	48:37.2	1		
	9.3		HAUGE Johnny	27:56.3	63	1:16:33.5	14		
<b>15</b>	17		<b>Skogn IL</b>					<b>1:16:55.7</b>	+4:54.7
	17.1	3420036	RØNNING Eldar	26:07.1	6	26:07.1	6		
	17.2		RØNNING Bernhard	26:22.3	55	52:29.4	25		
	17.3	3420131	KJØLSTAD Johan	24:26.3	10	1:16:55.7	15		
<b>16</b>	14		<b>Harestua IL</b>					<b>1:17:00.0</b>	+4:59.0
	14.1		SYVERSEN Jøran	28:51.9	54	28:51.9	54		
	14.2	1358097	SKAARUD Kenneth	23:53.3	12	52:45.2	32		
	14.3	3420032	LUNDE Daniel	24:14.8	9	1:17:00.0	16		
<b>17</b>	23		<b>Henning Skilag</b>					<b>1:17:17.2</b>	+5:16.2
	23.1	3420075	KOLSTAD Jonas Austmo	26:47.5	12	26:47.5	12		
	23.2	3420239	NORTHUG JR Petter	23:20.9	6	50:08.4	8		
	23.3		NOSSUM Eirik Myhr	27:08.8	46	1:17:17.2	17		
<b>18</b>	22		<b>Sør-Fron IL 1. lag</b>					<b>1:17:17.5</b>	+5:16.5
	22.1		KROGSVEEN Tore	27:45.2	31	27:45.2	31		
	22.2	3420073	KROGSVEEN Lars	23:41.1	10	51:26.3	18		
	22.3		MOEN Tomas	25:51.2	26	1:17:17.5	18		



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Pl	Nr	FIS-Nr	Lag/Navn	Etappe		Veksling		Totalt	
				Tid	PL	Tid	PL	Tid	Diff
<b>19</b>	19		<b>Alta IL</b>					<b>1:17:24.4</b>	+5:23.4
	19.1	1368476	<b>HELGESEN Kaj Helge</b>	27:44.2	29	27:44.2	29		
	19.2	3420035	<b>RØNBECK Thomas</b>	24:24.7	20	52:08.9	22		
	19.3	3420041	<b>STRAND Daniel</b>	25:15.5	19	1:17:24.4	19		
<b>20</b>	81		<b>Vind IL</b>					<b>1:17:36.8</b>	+5:35.8
	81.1	3420018	<b>SCHJELLERUD Tor Erik</b>	27:17.4	22	27:17.4	22		
	81.2	3420179	<b>KRISTOFFERSEN Inge</b>	24:52.4	31	52:09.8	23		
	81.3	3420072	<b>WASENDEN Thomas</b>	25:27.0	22	1:17:36.8	20		
<b>21</b>	76		<b>Steinkjer Skiklubb</b>					<b>1:17:46.8</b>	+5:45.8
	76.1	3420004	<b>FINSTAD Arnstein</b>	27:45.0	30	27:45.0	30		
	76.2	1306299	<b>BARTNES Martin</b>	24:38.3	26	52:23.3	24		
	76.3	1153039	<b>BRØRS Morten</b>	25:23.5	21	1:17:46.8	21		
<b>22</b>	69		<b>Lillehammer Skiklub 2</b>					<b>1:18:14.6</b>	+6:13.6
	69.1	3420270	<b>MORK Ole Christian</b>	27:28.0	26	27:28.0	26		
	69.2	3420269	<b>SLETTEN Even</b>	25:08.8	36	52:36.8	29		
	69.3		<b>JØRSTAD Per</b>	25:37.8	24	1:18:14.6	22		
<b>23</b>	15		<b>IL Høleværingen</b>					<b>1:18:30.6</b>	+6:29.6
	15.1	3420221	<b>GJERDALEN Gard Filip</b>	28:34.9	48	28:34.9	48		
	15.2	3420023	<b>GJERDALEN Tord Asle</b>	23:20.5	5	51:55.4	19		
	15.3		<b>GJERDALEN Njål T</b>	26:35.2	33	1:18:30.6	23		
<b>24</b>	28		<b>Jølster IL</b>					<b>1:18:43.5</b>	+6:42.5
	28.1	3420150	<b>ÅRDAL Asgeir</b>	27:17.4	22	27:17.4	23		
	28.2	3420090	<b>ÅRDAL Inge</b>	24:39.6	27	51:57.0	21		
	28.3	3420166	<b>HALLAND Jon Arild</b>	26:46.5	36	1:18:43.5	24		
<b>25</b>	18		<b>Røros IL</b>					<b>1:18:53.7</b>	+6:52.7
	18.1	3420443	<b>TØNSET Kristian</b>	29:01.2	58	29:01.2	58		
	18.2	3420367	<b>BUKKVOLL Frode</b>	25:00.1	33	54:01.3	46		
	18.3	3420086	<b>PRØSCH Hans</b>	24:52.4	15	1:18:53.7	25		
<b>26</b>	45		<b>Høybråten og Stovner IL 1</b>					<b>1:18:59.2</b>	+6:58.2
	45.1		<b>BRAATHEN Kristian</b>	27:49.8	33	27:49.8	33		
	45.2	3420242	<b>MARKSET Kjell-Christian</b>	24:05.9	16	51:55.7	20		
	45.3	3420204	<b>PEDERSEN Jon Hove</b>	27:03.5	45	1:18:59.2	26		
<b>27</b>	39		<b>Fossum IL 2. lag</b>					<b>1:19:13.3</b>	+7:12.3
	39.1	3420414	<b>KJØLHAMAR Vegard</b>	28:06.9	41	28:06.9	41		
	39.2		<b>BRATLIE Anders</b>	26:10.3	53	54:17.2	49		
	39.3	3420415	<b>ØEN Anders</b>	24:56.1	17	1:19:13.3	27		



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				Tid	PL	Tid	PL	Tid	Diff
<b>28</b>	10		<b>Oseberg Skilag</b>					<b>1:19:18.3</b>	+7:17.3
	10.1		AUKLAND Anders	25:28.2	4	25:28.2	4		
	10.2		AKULAND Fredrik	25:43.3	46	51:11.5	17		
	10.3		OTTERSTAD Nils Marius	28:06.8	67	1:19:18.3	28		
<b>29</b>	20		<b>Nittedal IL 1. lag</b>					<b>1:19:19.3</b>	+7:18.3
	20.1	3420298	VATN Håvard	28:59.1	56	28:59.1	56		
	20.2		LØVLI Kristian	25:25.6	41	54:24.7	50		
	20.3		BJERKLI Atle	24:54.6	16	1:19:19.3	29		
<b>30</b>	68		<b>Magnor UL</b>					<b>1:19:19.6</b>	+7:18.6
	68.1		REPSHUS Stefan	29:22.2	61	29:22.2	61		
	68.2	1103763	JUUL PEDERSEN Kjetil	23:53.7	13	53:15.9	39		
	68.3		PAULSEN Steffen	26:03.7	29	1:19:19.6	30		
<b>31</b>	77		<b>Kjelsås IL 3. lag</b>					<b>1:19:30.0</b>	+7:29.0
	77.1		FJELD Øyvind Meen	27:53.1	35	27:53.1	35		
	77.2		BRANDSDAL Eirik	24:42.7	28	52:35.8	28		
	77.3		JAKSDAL Martin	26:54.2	39	1:19:30.0	31		
<b>32</b>	65		<b>Heming IL 1. lag</b>					<b>1:19:30.1</b>	+7:29.1
	65.1		KAAS Carl Waaler	26:51.5	14	26:51.5	14		
	65.2		KAAS Martin Waaler	25:47.2	47	52:38.7	30		
	65.3		BÅNERUD Martin Stuge	26:51.4	38	1:19:30.1	32		
<b>33</b>	51		<b>Fossum IL 3. lag</b>					<b>1:19:41.9</b>	+7:40.9
	51.1	1307754	HENRIKSEN Thomas	26:50.5	13	26:50.5	13		
	51.2		CHIODERA Even	26:10.5	54	53:01.0	35		
	51.3		LIEN Torgeir Grote	26:40.9	35	1:19:41.9	33		
<b>34</b>	33		<b>Krødsherad IL</b>					<b>1:19:58.4</b>	+7:57.4
	33.1	3420097	SLEVIKMOEN Frank	28:05.4	40	28:05.4	40		
	33.2	1309403	TORGERSEN Kristian	24:33.7	25	52:39.1	31		
	33.3	1306590	BJERREGAARD Eirik	27:19.3	50	1:19:58.4	34		
<b>35</b>	87		<b>Gjesdal IL</b>					<b>1:20:18.9</b>	+8:17.9
	87.1	1152457	RAVNDAL Tor Joar	27:50.2	34	27:50.2	34		
	87.2		NEVLAND Torgeir	25:28.9	42	53:19.1	40		
	87.3		RAVNDAL Ørjan	26:59.8	43	1:20:18.9	35		
<b>36</b>	66		<b>Heming IL 2. lag</b>					<b>1:20:19.5</b>	+8:18.5
	66.1		ENGEBRETSEN Knut	28:27.3	45	28:27.3	45		
	66.2		MYHRE Christian Melsom	25:22.7	40	53:50.0	45		
	66.3		SVIEN Aleksander	26:29.5	31	1:20:19.5	36		



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				Tid	PL	Tid	PL	Tid	Diff
<b>37</b>	80		<b>Gran IL</b>					<b>1:20:19.8</b>	+8:18.8
	80.1	3420313	<b>SVINGHEIM Magnus</b>	28:08.2	42	28:08.2	42		
	80.2	1229378	<b>HVATTUM Per Morten</b>	25:39.9	45	53:48.1	42		
	80.3		<b>LINSTAD Bent</b>	26:31.7	32	1:20:19.8	37		
<b>38</b>	24		<b>Nes Ski 1. lag</b>					<b>1:20:21.4</b>	+8:20.4
	24.1		<b>ARNESEN Stian</b>	29:27.3	62	29:27.3	62		
	24.2	3420406	<b>THORSTAD Even</b>	25:34.3	44	55:01.6	53		
	24.3	3420000	<b>BRATLAND Martin</b>	25:19.8	20	1:20:21.4	38		
<b>39</b>	26		<b>Molde og Omegn IF</b>					<b>1:20:22.3</b>	+8:21.3
	26.1	3420099	<b>NERLAND Geir</b>	28:50.3	53	28:50.3	53		
	26.2	3420289	<b>ØDEGÅRD Tore Malo</b>	25:11.8	38	54:02.1	47		
	26.3		<b>KOKSVIK Tor</b>	26:20.2	30	1:20:22.3	39		
<b>40</b>	16		<b>Rustad IL</b>					<b>1:20:47.1</b>	+8:46.1
	16.1	3420288	<b>NYGAARD Anders</b>	28:39.6	49	28:39.6	49		
	16.2	3420153	<b>BERGLAND Jonas</b>	25:09.8	37	53:49.4	44		
	16.3	3420187	<b>MARTINSEN Nicolai</b>	26:57.7	40	1:20:47.1	40		
<b>41</b>	13		<b>Kirkenes og Omegn SK</b>					<b>1:20:52.7</b>	+8:51.7
	13.1		<b>OLSEN Tore</b>	26:51.9	15	26:51.9	15		
	13.2	3420002	<b>DAHL John Kristian</b>	24:19.2	19	51:11.1	16		
	13.3		<b>LARSEN Trond</b>	29:41.6	80	1:20:52.7	41		
<b>42</b>	82		<b>Jevnaker IF</b>					<b>1:20:52.9</b>	+8:51.9
	82.1	3420203	<b>OLIMB Henrik</b>	28:01.2	37	28:01.2	37		
	82.2	3420363	<b>BJERTNES Jens</b>	25:06.2	35	53:07.4	36		
	82.3		<b>HAUGLI Sverre</b>	27:45.5	58	1:20:52.9	42		
<b>43</b>	56		<b>Vang SKILF</b>					<b>1:21:05.9</b>	+9:04.9
	56.1		<b>GUNDERSEN Emil Mikael Søb</b>	30:02.8	68	30:02.8	68		
	56.2		<b>GUNDERSEN Tore Martin</b>	26:05.6	52	56:08.4	61		
	56.3	3420305	<b>OPSAHL Eivind Gjørven</b>	24:57.5	18	1:21:05.9	43		
<b>44</b>	30		<b>Mjøndalen IF 1. lag</b>					<b>1:21:06.7</b>	+9:05.7
	30.1	1279333	<b>DYBENDAL Henning</b>	26:41.3	11	26:41.3	11		
	30.2	3420429	<b>HAUGEN Rune Andre</b>	26:34.1	58	53:15.4	38		
	30.3		<b>KRISTIANSEN Andre</b>	27:51.3	60	1:21:06.7	44		
<b>45</b>	75		<b>Medkila SL</b>					<b>1:21:13.3</b>	+9:12.3
	75.1		<b>KRISTIANSEN Kjell Arne</b>	32:16.7	78	32:16.7	78		
	75.2	3420008	<b>JAKOBSEN Ronny</b>	24:26.5	21	56:43.2	64		
	75.3	3420015	<b>PEDERSEN Audun Domaas</b>	24:30.1	11	1:21:13.3	45		



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**NM PÅ SKI 2005**  
**LANGRENN**  
**3x10km STAFETT MENN**  
**OFFISIELLE RESULTATER**



**LILLEHAMMER (NOR)**  
**BIRKEBEINEREN SKISTADION**

**30. JANUAR 2005**

**STARTTID 12.30.00**  
**SLUTTID 14.10.09**

JURY		LØYPEFAKTA	
Teknisk delegert:	Fridtjof Rannem	Høydeforskjell (HD):	68 m (A), 69 m (B)
Rennleder:	Per Morten Lund	Maksimal klatring (MM):	46 m (A), 51 m (B)
Assisterende TD:	Terje Sund	Total klatring (MT):	2x199 m (A) + 2 x 2x160 m (B)
Assisterende rennleder:	Trond Hårberg	Rundelengde:	5 000 m
Løypesjef:	Olav Talle	Antall runder:	6

Pl	Nr	FIS-Nr	Lag/Navn	Etappe		Veksling		Totalt	
				Tid	PL	Tid	PL	Tid	Diff
<b>46</b>	43		<b>Varde IL</b>					<b>1:21:15.2</b>	+9:14.2
	43.1	3420151	<b>ASK Morten</b>	28:02.7	38	28:02.7	38		
	43.2	3420039	<b>SKJELLAUG Harald</b>	25:11.8	38	53:14.5	37		
	43.3		<b>STRANDVIK Lars Erik</b>	28:00.7	64	1:21:15.2	46		
<b>47</b>	36		<b>LYN Ski</b>					<b>1:21:25.1</b>	+9:24.1
	36.1	3420079	<b>GASMANN Per Ola</b>	28:20.8	44	28:20.8	44		
	36.2	3420222	<b>WÆRENSKIOLD Nicolas Arn</b>	25:51.4	49	54:12.2	48		
	36.3		<b>OLSEN Tomas</b>	27:12.9	49	1:21:25.1	47		
<b>48</b>	35		<b>Gol IL</b>					<b>1:21:31.8</b>	+9:30.8
	35.1	3420095	<b>BOTTEN Aslak</b>	27:42.0	28	27:42.0	28		
	35.2		<b>JORDE Svein</b>	24:49.8	30	52:31.8	27		
	35.3		<b>BJØRKEDOKKEN Ivar</b>	29:00.0	74	1:21:31.8	48		
<b>49</b>	34		<b>Raufoss IL Langrenn</b>					<b>1:21:52.1</b>	+9:51.1
	34.1	1356836	<b>FUGLERUD Tor-Atle</b>	28:02.7	38	28:02.7	38		
	34.2	3420200	<b>ØSTLIEN Espen</b>	24:27.7	23	52:30.4	26		
	34.3		<b>DALBY Terje</b>	29:21.7	77	1:21:52.1	49		
<b>50</b>	86		<b>Drøbak-Frogn IL</b>					<b>1:21:53.5</b>	+9:52.5
	86.1		<b>GRØTERUD Simen</b>	28:59.3	57	28:59.3	57		
	86.2		<b>SAKSEBØL Fredrik</b>	25:56.5	50	54:55.8	52		
	86.3		<b>NASSEN Johan Noraker</b>	26:57.7	40	1:21:53.5	50		
<b>51</b>	32		<b>Haltdalen IL</b>					<b>1:21:57.7</b>	+9:56.7
	32.1	3420135	<b>BJØRGÅRD John</b>	27:45.5	32	27:45.5	32		
	32.2	3420446	<b>AUNØIEN Øivind</b>	25:05.9	34	52:51.4	34		
	32.3		<b>EVENSEN Bjørn Volden</b>	29:06.3	75	1:21:57.7	51		
<b>52</b>	47		<b>Sjåstad/Vestre Lier IL</b>					<b>1:22:01.6</b>	+10:00.6
	47.1		<b>SAND Arne Christofer</b>	27:12.7	20	27:12.7	20		
	47.2		<b>SAND Hans Erik</b>	26:36.2	59	53:48.9	43		
	47.3		<b>ERIKSRUD Even</b>	28:12.7	68	1:22:01.6	52		
<b>53</b>	78		<b>Fossum IL 5. lag</b>					<b>1:22:08.7</b>	+10:07.7
	78.1		<b>ØSTENSEN Jesper</b>	29:27.5	63	29:27.5	63		
	78.2		<b>HELGESTAD Daniel M</b>	26:04.0	51	55:31.5	56		
	78.3		<b>SMIDT Didrik</b>	26:37.2	34	1:22:08.7	53		
<b>54</b>	58		<b>Klæbu IL</b>					<b>1:22:20.0</b>	+10:19.0
	58.1	3420107	<b>THUN Stein Vidar</b>	27:23.2	24	27:23.2	24		
	58.2		<b>VOLLSET Erlend Bye</b>	27:01.8	62	54:25.0	51		
	58.3		<b>SKOMEDAL Eirik</b>	27:55.0	62	1:22:20.0	54		



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Løypesjef:	Olav Talle	Antall runder:	6

Pl	Nr	FIS-Nr	Lag/Navn	Etappe		Veksling		Totalt	
				Tid	PL	Tid	PL	Tid	Diff
<b>55</b>	53		<b>Næroset IL</b>					<b>1:22:21.4</b>	+10:20.4
	53.1		<b>HØIBY Bjørn</b>	28:49.7	52	28:49.7	52		
	53.2		<b>BERGHEIM Bjørn</b>	24:49.1	29	53:38.8	41		
	53.3		<b>EVENSEN Arne</b>	28:42.6	71	1:22:21.4	55		
<b>56</b>	71		<b>Høybråten og Stovner IL 3</b>					<b>1:22:54.6</b>	+10:53.6
	71.1		<b>GRØAN Morten</b>	28:41.7	50	28:41.7	50		
	71.2		<b>LARSEN Tom</b>	27:02.5	64	55:44.2	58		
	71.3		<b>OLSEN Jon</b>	27:10.4	47	1:22:54.6	56		
<b>57</b>	60		<b>Hemsedal IL</b>					<b>1:22:56.4</b>	+10:55.4
	60.1	1308045	<b>INTELHUS Lars-Einar</b>	29:17.8	60	29:17.8	60		
	60.2	3420178	<b>KRISTIANSEN Gunnar</b>	26:26.1	56	55:43.9	57		
	60.3		<b>GRØTHE Ståle</b>	27:12.5	48	1:22:56.4	57		
<b>58</b>	72		<b>Lillehammer Skiklub 3</b>					<b>1:22:56.9</b>	+10:55.9
	72.1		<b>MORK Per Erik</b>	30:04.9	70	30:04.9	70		
	72.2		<b>FOLLERÅS Anders</b>	25:49.0	48	55:53.9	60		
	72.3		<b>PEDERSEN Morten Elde</b>	27:03.0	44	1:22:56.9	58		
<b>59</b>	74		<b>Sør-Fron IL 2. lag</b>					<b>1:22:57.0</b>	+10:56.0
	74.1	3420180	<b>KROGSVEEN Arne</b>	28:00.3	36	28:00.3	36		
	74.2		<b>HAUGSTAD Tormod</b>	27:02.2	63	55:02.5	54		
	74.3		<b>SVEIPE Erland</b>	27:54.5	61	1:22:57.0	59		
<b>60</b>	49		<b>Øyer-Tretten IF</b>					<b>1:23:09.0</b>	+11:08.0
	49.1		<b>VIKEN Øyvind</b>	28:15.6	43	28:15.6	43		
	49.2		<b>OFFIGSTAD Henning</b>	27:32.6	70	55:48.2	59		
	49.3		<b>OFFIGSTAD Oddvin</b>	27:20.8	51	1:23:09.0	60		
<b>61</b>	21		<b>Stokke IL</b>					<b>1:23:28.5</b>	+11:27.5
	21.1		<b>MOSLET Kristoffer R.</b>	28:32.0	46	28:32.0	46		
	21.2		<b>FREDRIKSEN Simen</b>	29:20.0	81	57:52.0	70		
	21.3		<b>STOKKE Sindre</b>	25:36.5	23	1:23:28.5	61		
<b>62</b>	63		<b>Sokna IL</b>					<b>1:23:55.9</b>	+11:54.9
	63.1		<b>ENGAN Arnt Einar</b>	30:10.6	71	30:10.6	71		
	63.2	3420164	<b>GRANMO Jan Gisle</b>	24:58.7	32	55:09.3	55		
	63.3		<b>LØKKEN Vegard</b>	28:46.6	72	1:23:55.9	62		
<b>63</b>	37		<b>Nes Ski 2. lag</b>					<b>1:23:59.8</b>	+11:58.8
	37.1	3420192	<b>HEEN MOE Ola Erik</b>	28:33.2	47	28:33.2	47		
	37.2		<b>WENG Emil Udnes</b>	28:05.1	74	56:38.3	63		
	37.3		<b>ALNES Stein-Arne</b>	27:21.5	53	1:23:59.8	63		



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Løypesjef:	Olav Talle	Antall runder:	6

Pl	Nr	FIS-Nr	Lag/Navn	Etappe		Veksling		Totalt	
				Tid	PL	Tid	PL	Tid	Diff
<b>64</b>	50		<b>Nittedal IL 2. lag</b>					<b>1:24:17.1</b>	+12:16.1
	50.1		<b>BJERKLI Egil</b>	29:46.8	65	29:46.8	65		
	50.2		<b>OLSEN Helge</b>	27:32.5	69	57:19.3	68		
	50.3		<b>GARNES Hans Kr.</b>	26:57.8	42	1:24:17.1	64		
<b>65</b>	44		<b>Viking TIF</b>					<b>1:24:42.3</b>	+12:41.3
	44.1		<b>FÆRØ Jo Harald</b>	30:03.8	69	30:03.8	69		
	44.2	3420387	<b>KVINGE Pål</b>	28:44.5	79	58:48.3	75		
	44.3	3420390	<b>LINDE Lorentz E.</b>	25:54.0	27	1:24:42.3	65		
<b>66</b>	48		<b>Høybråten og Stovner IL 2</b>					<b>1:24:48.0</b>	+12:47.0
	48.1		<b>UPADHYAY Varum</b>	28:45.6	51	28:45.6	51		
	48.2		<b>GULLHAV Anders</b>	28:32.3	78	57:17.9	67		
	48.3		<b>BRAATHEN Jørgen</b>	27:30.1	54	1:24:48.0	66		
<b>67</b>	46		<b>Ottestad IL</b>					<b>1:25:00.1</b>	+12:59.1
	46.1	3420304	<b>ÅSEN Tommy</b>	29:49.7	66	29:49.7	66		
	46.2	3420260	<b>HØRSAND Herman</b>	27:04.7	65	56:54.4	65		
	46.3		<b>NORDHAGEN Knut Einar</b>	28:05.7	65	1:25:00.1	67		
<b>68</b>	73		<b>Svene IL</b>					<b>1:25:15.0</b>	+13:14.0
	73.1		<b>HOVIND Johan</b>	29:41.4	64	29:41.4	64		
	73.2		<b>MEEN Åsmund</b>	28:46.3	80	58:27.7	74		
	73.3		<b>MEEN Halvard</b>	26:47.3	37	1:25:15.0	68		
<b>69</b>	55		<b>Ål IL</b>					<b>1:25:18.6</b>	+13:17.6
	55.1		<b>ARNEGARD Tore</b>	29:17.1	59	29:17.1	59		
	55.2		<b>BJERKERHEIM Tore</b>	27:44.9	71	57:02.0	66		
	55.3		<b>BØYGARD Terje</b>	28:16.6	69	1:25:18.6	69		
<b>70</b>	84		<b>Lillehammer Skiklub 4</b>					<b>1:25:33.1</b>	+13:32.1
	84.1	3420364	<b>BLINDHEIM Frank Robert</b>	31:29.8	75	31:29.8	75		
	84.2	3250004	<b>JACOBSSON Jacob</b>	26:42.1	60	58:11.9	72		
	84.3	3420030	<b>KORSMO Frode</b>	27:21.2	52	1:25:33.1	70		
<b>71</b>	62		<b>Njård IL</b>					<b>1:25:41.2</b>	+13:40.2
	62.1		<b>NORDBY John Wilg</b>	30:54.6	74	30:54.6	74		
	62.2		<b>AKETUN Karl Kristian</b>	27:10.6	66	58:05.2	71		
	62.3		<b>NORDBY Sindre Wilg</b>	27:36.0	56	1:25:41.2	71		
<b>72</b>	67		<b>Ørje IL</b>					<b>1:25:50.8</b>	+13:49.8
	67.1	3420077	<b>HATTESTAD Ola Vigen</b>	27:13.1	21	27:13.1	21		
	67.2		<b>JONSEN Vegard Hattestad</b>	25:32.9	43	52:46.0	33		
	67.3		<b>HATTESTAD Erik Vigen</b>	33:04.8	85	1:25:50.8	72		



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Pl	Nr	FIS-Nr	Lag/Navn	Etappe		Veksling		Totalt	
				Tid	PL	Tid	PL	Tid	Diff
<b>73</b>	31		<b>Kjelsås IL 2. lag</b>					<b>1:25:51.3</b>	+13:50.3
	31.1	3420198	ØREN Lars Kristian	28:58.4	55	28:58.4	55		
	31.2		BRANDSDAL Erik	27:21.5	67	56:19.9	62		
	31.3		HAGEN Ragnar	29:31.4	79	1:25:51.3	73		
<b>74</b>	27		<b>Ringebu-Fåvang Skiklubb</b>					<b>1:26:43.5</b>	+14:42.5
	27.1		NYENG Per Morten	30:49.6	72	30:49.6	72		
	27.2		AANDSTAD Svein Roger	26:30.2	57	57:19.8	69		
	27.3		AMRUD Bård Erland	29:23.7	78	1:26:43.5	74		
<b>75</b>	59		<b>Eina IL</b>					<b>1:26:48.1</b>	+14:47.1
	59.1	3420277	DAMBRÅTEN Bent Ola	32:23.7	81	32:23.7	81		
	59.2		HASLI Øyvind	26:51.3	61	59:15.0	76		
	59.3		BJØRNERUD Rune Andre	27:33.1	55	1:26:48.1	75		
<b>76</b>	42		<b>Setskog IF</b>					<b>1:27:37.6</b>	+15:36.6
	42.1		NILSEN Marius	30:51.7	73	30:51.7	73		
	42.2		MYRVOLD Kjetil	28:23.7	75	59:15.4	77		
	42.3		MYRVOLD Øyvind	28:22.2	70	1:27:37.6	76		
<b>77</b>	64		<b>Ullensaker Skiklubb</b>					<b>1:27:52.9</b>	+15:51.9
	64.1		BERNTSEN Alexander	32:22.6	80	32:22.6	80		
	64.2		STEINSLØKKEN Lars	27:23.9	68	59:46.5	78		
	64.3	3420165	GRØNNVOLL Hans A.	28:06.4	66	1:27:52.9	77		
<b>78</b>	57		<b>Fossum IL 4. lag</b>					<b>1:27:54.2</b>	+15:53.2
	57.1	3420128	ANDRESEN Jon Kristian	31:36.5	76	31:36.5	76		
	57.2		KROHN Sven	28:27.6	76	1:00:04.1	80		
	57.3		LARSEN Daniel	27:50.1	59	1:27:54.2	78		
<b>79</b>	40		<b>Mjøndalen IF 2. lag</b>					<b>1:28:19.1</b>	+16:18.1
	40.1	3420370	ENGSTRØM Stefan	29:55.2	67	29:55.2	67		
	40.2		KARLSEN Lars Christian T	28:32.1	77	58:27.3	73		
	40.3		VINSVOLD Nils Harald	29:51.8	81	1:28:19.1	79		
<b>80</b>	54		<b>Svea Skilag</b>					<b>1:28:45.7</b>	+16:44.7
	54.1			31:53.2	77	31:53.2	77		
	54.2			27:56.1	73	59:49.3	79		
	54.3			28:56.4	73	1:28:45.7	80		
<b>81</b>	41		<b>Midtre Brandbu UIL</b>					<b>1:30:25.8</b>	+18:24.8
	41.1		LØVBRØTTE Ole Anders	32:18.6	79	32:18.6	79		
	41.2		BLEKEN Ole Kristian	30:27.0	82	1:02:45.6	82		
	41.3	3420038	SKARSTAD Tron Eivind	27:40.2	57	1:30:25.8	81		



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JURY		LØYPEFAKTA	
Teknisk delegert:	Fridtjof Rannem	Høydeforskjell (HD):	68 m (A), 69 m (B)
Rennleder:	Per Morten Lund	Maksimal klatring (MM):	46 m (A), 51 m (B)
Assisterende TD:	Terje Sund	Total klatring (MT):	2x199 m (A) + 2 x 2x160 m (B)
Assisterende rennleder:	Trond Hårberg	Rundelengde:	5 000 m
Løypesjef:	Olav Talle	Antall runder:	6

PI	Nr	FIS-Nr	Lag/Navn	Etappe		Veksling		Totalt	
				Tid	PL	Tid	PL	Tid	Diff
<b>82</b>	61		<b>Brøttum IL</b>					<b>1:31:59.9</b>	+19:58.9
	61.1		<b>FRENG Gaute</b>	33:28.0	83	33:28.0	83		
	61.2		<b>MÆHLUM Nils Einar</b>	27:51.3	72	1:01:19.3	81		
	61.3		<b>SVEINHAUG Tor Olav</b>	30:40.6	82	1:31:59.9	82		
<b>83</b>	38		<b>Spydeberg IL</b>					<b>1:35:52.5</b>	+23:51.5
	38.1		<b>BRÅTEN Ronny</b>	32:44.5	82	32:44.5	82		
	38.2		<b>THOMSRUD Lef Anders</b>	31:34.4	83	1:04:18.9	83		
	38.3		<b>SØRENSEN Sverre</b>	31:33.6	83	1:35:52.5	83		
<b>84</b>	83		<b>Sørre Ål IL</b>					<b>1:38:20.7</b>	+26:19.7
	83.1		<b>OLSTAD Øyvind</b>	37:15.8	85	37:15.8	85		
	83.2		<b>HOVEMOEN Kristian</b>	31:53.5	84	1:09:09.3	85		
	83.3		<b>RÅBØL Åsmund Lindvik</b>	29:11.4	76	1:38:20.7	84		
<b>85</b>	85		<b>Trøgstad Skiklubb</b>					<b>1:40:09.8</b>	+28:08.8
	85.1		<b>HANSEN Jan Arve</b>	36:12.1	84	36:12.1	84		
	85.2		<b>AKTHEN Paul Aksel</b>	32:02.9	85	1:08:15.0	84		
	85.3		<b>SMAADAHN Trygve</b>	31:54.8	84	1:40:09.8	85		
<b>Gjesteklasse:</b>									
	88		<b>NIH</b>					<b>1:30:10.3</b>	
	88.1		<b>SANDØY Rune Molland</b>	30:19.2		30:19.2			
	88.2		<b>OLSBU Nils Bjørn</b>	28:44.1		59:03.3			
	88.3		<b>EIDEM Jostein</b>	31:07.0		1:30:10.3			
<b>Brutt:</b>									
	70		<b>Rindals-Troll</b>						
	70.1		<b>MOHOLDT Lars</b>	27:47.2		27:47.2			
	70.2		<b>MOEN Gerc</b>						
	70.3	3420294	<b>SVINSÅS Morten</b>						
	79		<b>Oddersjaa SSK</b>						
	79.1	1262358	<b>AASEN Geir Ludvig</b>	26:14.6		26:14.6			
	79.2	3420087	<b>MYKLAND Anstein</b>						
	79.3		<b>SVALAND Jon Kristian</b>						



DATA PROCESSING REALIZED BY **HEGO**

Generation Date: 02.02.2005 / Time: 10:19